

**2009 Youth Risk Behavior Survey**  
**Montana American Indian Students On or Near a Reservation**  
**Trend Report**

<b><i>Injury and Violence</i></b>	<b>1997</b>	<b>1999</b>	<b>2001</b>	<b>2003</b>	<b>2005</b>	<b>2007</b>	<b>2009</b>
<b>Percentage of students who . . .</b>							
Rode a bicycle and never or rarely wore a bicycle helmet during the past 12 months	96.1	96.6	93.6	95.1	96.9	95.9	93.1
Never or rarely wore a seat belt when riding in a car driven by someone else	47.7	34.5	30.0	29.5	27.8	25.7	21.9
Never or rarely wore a seat belt when driving a car			37.3	38.1	35.8	32.4	29.9
Rode in a car driven by someone who had been drinking alcohol during the past 30 days	52.4	53.3	47.6	43.6	47.3	45.8	41.9
Drove a car when they had been drinking alcohol during the past 30 days	26.7	27.2	24.8	21.3	25.5	22.6	17.5
Carried a weapon such as a gun, knife, or club during the past 30 days	28.4	21.4	24.0	17.3	20.0	20.1	19.0
Carried a gun during the past 30 days	16.4	9.1	12.6	8.7	10.6	9.6	9.4
Carried a weapon on school property during the past 30 days	17.3	12.2	11.8	8.7	10.5	10.3	5.8
Did not go to school because they felt unsafe at school or on their way to or from school during the past 30 days	7.9	8.9	11.0	7.3	7.7	10.2	8.6
Had been threatened or injured with a weapon on school property during the past 12 months	8.4	9.1	11.8	6.8	9.8	7.8	5.5
Had property such as their car, clothing, or books stolen or deliberately damaged on school property during the past 12 months				26.2	27.7	22.2	Not asked
Were in a physical fight during the past 12 months	45.4	43.9	41.1	40.8	43.9	42.2	45.8
Were injured in a physical fight that required medical treatment during the past 12 months	10.6	9.0	9.4	6.6	8.6	8.0	6.2
Were in a physical fight on school property during the past 12 months	20.7	14.9	17.0	15.2	16.1	16.8	17.1
Were hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend during the past 12 months		16.9	13.5	15.2	13.6	16.2	14.3
Have ever been physically forced to have sexual intercourse when they did not want to		14.6	11.1	8.8	12.8	11.4	11.3
Had been bullied on school property during the past 12 months							21.7
Had been electronically bullied, such as through e-mail, chat rooms, instant messaging, Web sites, or text messaging during the past 12 months							17.5

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<b>Percentage of students who . . .</b>							
Felt so sad or hopeless for two weeks or more in a row that they stopped doing some usual activities during the past 12 months		32.4	31.1	30.0	32.4	32.8	32.1
Seriously considered attempting suicide during the past 12 months	23.3	21.6	24.2	17.5	22.3	18.1	19.6
Made a plan about how they would attempt suicide during the past 12 months	20.3	18.2	20.1	14.0	18.9	17.6	16.6
Actually attempted suicide during the past 12 months	12.9	16.2	20.4	15.3	16.6	15.8	18.0
Had a suicide attempt resulting in injury, poisoning, or overdose that required medical treatment during the past 12 months	4.4	8.0	7.4	4.3	5.1	4.9	5.2

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<b><i>Tobacco Use</i></b>	<b>1997</b>	<b>1999</b>	<b>2001</b>	<b>2003</b>	<b>2005</b>	<b>2007</b>	<b>2009</b>
<b>Percentage of students who . . .</b>							
Ever tried cigarette smoking	89.4	86.9	83.7	84.5	82.9	83.4	79.1
Smoked a cigarette before age 13	41.9	41.8	46.2	42.2	41.5	33.5	33.1
Smoked a cigarette on one or more of the past 30 days ("current")	60.1	53.4	51.5	52.1	52.2	47.9	44.1
Smoked cigarettes on 20 or more of the past 30 days ("frequent")	28.0	27.4	25.2	21.8	17.9	15.0	16.0
Among current smokers, smoked more than 10 cigarettes per day on the days they smoked during the past 30 days	5.0	10.0	9.5	5.1	7.0	3.8	2.3
Usually got their cigarettes by buying them in a store or gas station during the past 30 days			13.9	10.7	13.6	10.4	9.0
Smoked cigarettes on school property during the past 30 days	29.3	22.8	24.4	18.6	20.5	18.5	14.4
Ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days ("regular")		41.2	34.2	33.0	30.4	29.6	26.5
Among current smokers, tried to quit smoking during the past 12 months			42.9	37.4	37.1	68.9	66.7
Used chewing tobacco, snuff, or dip during the past 30 days	30.1	21.9	26.3	20.8	28.8	25.8	22.7
Used chewing tobacco, snuff, or dip on school property during the past 30 days	23.0	16.0	18.7	16.0	21.0	18.7	14.2
Smoked cigars, cigarillos, or little cigars during the past 30 days		12.4	12.6	10.9	15.3	13.6	11.0

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<b><i>Alcohol and Other Drug Use</i></b>	<b>1997</b>	<b>1999</b>	<b>2001</b>	<b>2003</b>	<b>2005</b>	<b>2007</b>	<b>2009</b>
<b>Percentage of students who . . .</b>							
Had at least one drink of alcohol during their life	81.4	83.6	77.2	77.7	83.1	78.6	76.0
Had first drink of alcohol before age 13	39.9	31.1	37.4	31.5	31.2	31.1	29.3
Had at least one drink of alcohol during the past 30 days ("current")	48.4	55.0	54.8	48.8	56.3	53.9	45.9
Had five or more drinks of alcohol in a row during the past 30 days ("binge drink")	41.2	47.8	47.0	42.7	44.9	45.7	38.3
Among current users of alcohol, usually got the alcohol they drank from someone who gave it to them during the past 30 days							25.8
Had at least one drink of alcohol on school property during the past 30 days	12.7	10.9	14.0	10.9	12.1	12.2	8.3
Used marijuana during their life	75.2	73.9	72.6	74.2	74.7	69.9	67.5
Tried marijuana before age 13	25.4	31.0	37.1	35.4	37.9	30.8	34.1
Used marijuana during the past 30 days ("current")	52.3	51.2	50.1	44.6	51.0	44.1	41.5
Used marijuana on school property during the past 30 days	21.7	16.8	20.5	15.9	15.9	15.9	11.0
Used any form of cocaine during their life	19.7	21.4	19.1	15.1	15.4	14.7	10.7
Used any form of cocaine during the past 30 days ("current")	9.9	10.2	11.4	6.1	6.6	6.4	4.2
Used inhalants during their life	29.1	24.2	20.0	21.3	23.5	24.9	29.2

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<b>Percentage of students who . . .</b>							
Used heroin during their life		5.3	5.7	2.4	2.8	3.8	2.3
Used methamphetamines during their life		26.8	22.8	15.8	15.2	10.8	5.6
Used ecstasy during their life				8.0	6.9	7.4	9.7
Took steroid pills or shots without a doctor's prescription during their life	7.3	7.3	10.1	6.1	4.2	5.1	3.0
Used a needle to inject any illegal drug into their body during their life	4.3	5.3	4.5	2.8	3.8	4.4	3.3
Were offered, sold, or given an illegal drug on school property during the past 12 months	41.6	36.6	35.7	32.4	30.5	26.6	25.3

<b><i>Sexual Behaviors</i></b>	<b>1997</b>	<b>1999</b>	<b>2001</b>	<b>2003</b>	<b>2005</b>	<b>2007</b>	<b>2009</b>
<b>Percentage of students who . . .</b>							
Ever had sexual intercourse	63.0	63.8	61.0	66.2	69.4	67.1	67.3
Had sexual intercourse before age 13	14.0	10.8	12.6	14.5	12.6	12.7	15.0
Had sexual intercourse with four or more people during their life	26.6	26.2	20.7	27.7	29.9	26.0	29.8
Had sexual intercourse during the past three months ("current")	39.4	41.5	37.5	43.5	47.9	45.9	47.8
Drank alcohol or used drugs before last sexual intercourse	39.0	42.2	37.2	35.9	26.9	37.8	29.7
Currently sexually active and used a condom during last sexual intercourse	51.1	50.7	64.8	63.0	61.2	64.7	57.6
Currently sexually active and used birth control pills to prevent pregnancy before last sexual intercourse	10.9	6.8	7.4	11.5	10.0	8.0	8.2
Had ever been taught about AIDS or HIV infection	89.8	87.4	84.5	84.7	85.7	84.0	80.7

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<b><i>Weight Management and Dietary Behaviors</i></b>	<b>1997</b>	<b>1999</b>	<b>2001</b>	<b>2003</b>	<b>2005</b>	<b>2007</b>	<b>2009</b>
<b>Percentage of students who . . .</b>							
Described themselves as slightly or very overweight	36.6	37.9	38.3	38.5	39.8	39.2	39.1
Were trying to lose weight	49.7	47.0	51.3	50.2	52.3	51.6	54.4
Exercised to lose weight or to keep from gaining weight during the past 30 days	54.4	59.8	64.3	66.5	65.1	66.7	68.2
Ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the past 30 days		42.3	44.3	39.1	41.2	35.2	38.6
Went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days		17.4	22.8	15.3	18.5	15.1	15.9
Took diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days		12.7	10.4	10.7	7.4	7.5	7.8
Vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days	6.6	7.4	8.6	5.6	8.2	7.7	5.4
Drank 100% fruit juices during the past seven days		85.7	85.0	84.4	82.8	84.0	82.3
Ate fruit during the past seven days		86.9	88.8	87.4	88.4	87.9	88.4
Ate green salad during the past seven days		67.9	70.5	66.3	64.0	61.0	62.1
Ate potatoes during the past seven days		73.1	76.5	69.5	68.9	70.2	69.8
Ate carrots during the past seven days		52.4	55.2	49.3	46.7	46.7	51.4
Ate other vegetables during the past seven days		81.5	82.3	76.1	75.9	78.1	76.9
Drank at least one can, bottle, or glass of soda or pop daily during the past seven days							37.9
Drank three or more glasses per day of milk during the past seven days		15.2	16.8	14.4	13.5	14.8	10.8

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<b><i>Physical Activity</i></b>	<b>1997</b>	<b>1999</b>	<b>2001</b>	<b>2003</b>	<b>2005</b>	<b>2007</b>	<b>2009</b>
<b>Percentage of students who . . .</b>							
Were physically active for a total of at least 60 minutes per day on five or more of the past seven days					27.2	40.1	41.9
Watched three or more hours per day of TV on an average school day		38.0	38.1	38.4	36.7	36.3	32.1
Played video or computer games three or more hours on an average school day						17.5	23.0
Attended physical education (PE) classes on one or more days in an average week when they were in school	60.3	57.4	62.0	63.2	58.7	63.5	61.8
Attended physical education (PE) classes daily in an average week when they were in school	41.3	41.9	32.4	32.9	35.2	43.3	47.8
Played on one or more sports teams during the past 12 months		59.8	65.1	60.8	66.4	65.4	60.8

<b><i>Other</i></b>	<b>1997</b>	<b>1999</b>	<b>2001</b>	<b>2003</b>	<b>2005</b>	<b>2007</b>	<b>2009</b>
<b>Percentage of students who . . .</b>							
Had ever been told by a doctor or nurse that they had asthma					19.1	19.4	19.7
Still have asthma						15.0	16.5